









Topic 1 Learning from across the sector

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The Future of Public Leisure
..in Essex

David McHendry July 2023







Introduction



"Learning from across the sector".

- Strategic planning.....place making.
- Challenges facing the sector.
- ◆ The business case for investment.
- More than co-location.





A bit about KKP



- Specialists in sport and leisure
- ◆ Established 1990
- ◆ 25 FTE staff
- ◆ Sport England Active
 Environment approved consultant
- 1,500 projects: 500+ clients
- Strategic planning
- Feasibilities/business planning
- Monitoring & evaluation
- ◀ Investment strategies
- Major NGB track record
- Health and wellbeing strategies

- Worked across all Essex authorities - LFFPs
- ◆ Active Essex School facilities.
- Covid recovery support.
- ◆ South Essex Authorities.
- ◆ Thurrock
- Colchester and Tendring
- Chelmsford
- ◆ Basildon





Strategic planning



Rationale:

- Understand the outcomes for your area
- Understand current position
- What you need for the future
- Population growth or decline
- Population change
- Health and physical inactivity challenges
- Access to funding
- ◆ Rationale for planning gain CIL / Section 106
- Getting you on the radar for decision makers





Strategic planning



Climate emergency!

Playing pitch strategy

Strategic housing land availability assessment

Walking & cycling

Active Places

Open space strategy

Employment land review

Flooding & coastal erosion

Sports facilities strategy

Air quality assessment

Town centre and retail assessment

Transport and infrastructure





Place making....so what?



What does it mean for specific communities?

- What is the local strategic need?
- Gaps in provision and services
- What role can sport and physical activity play?
- Are there any major changes planned (e.g. urban extension, employment land)?
- Need for additional insight from local stakeholders and community.
- ◀ Is there a need/opportunity for a combined approach?
- ◀ Is it a facility intervention that is required....or service intervention?
- ◆ If facility....not always a multi service hub
- How should services be geared for specific communities?





Challenges facing the sector



- ◆ Covid recovery…better quality facilities recovered quicker than tired ones.
- Deficit funding required from local authorities.
- ◆ High demand for some services.....e.g. swimming lessons.
- ◆ Loss of staff to deliver key services.....e.g. swimming instructors.
- ◆ Flushed out 'sleeping customers'...some found other ways to be active....others just stopped.
- Cost of living...sport and physical activity not on some people's radar.
- ◆ Increased cost of utilities.....on energy hungry facilities.
- ◆ Increased burden on councils....operators requiring additional funds.
-or looking to streamline what they offer!
- Increase in living wage....circa 10%





Challenges facing the sector



Climate emergency and utilities costs:

- Reducing energy consumption where possible
- ◆ Difficult within older buildings 70s and 80s....
- ◆ Pools can be some councils' main contributor to carbon emissions
- Move towards reducing carbon emissions can be more costly





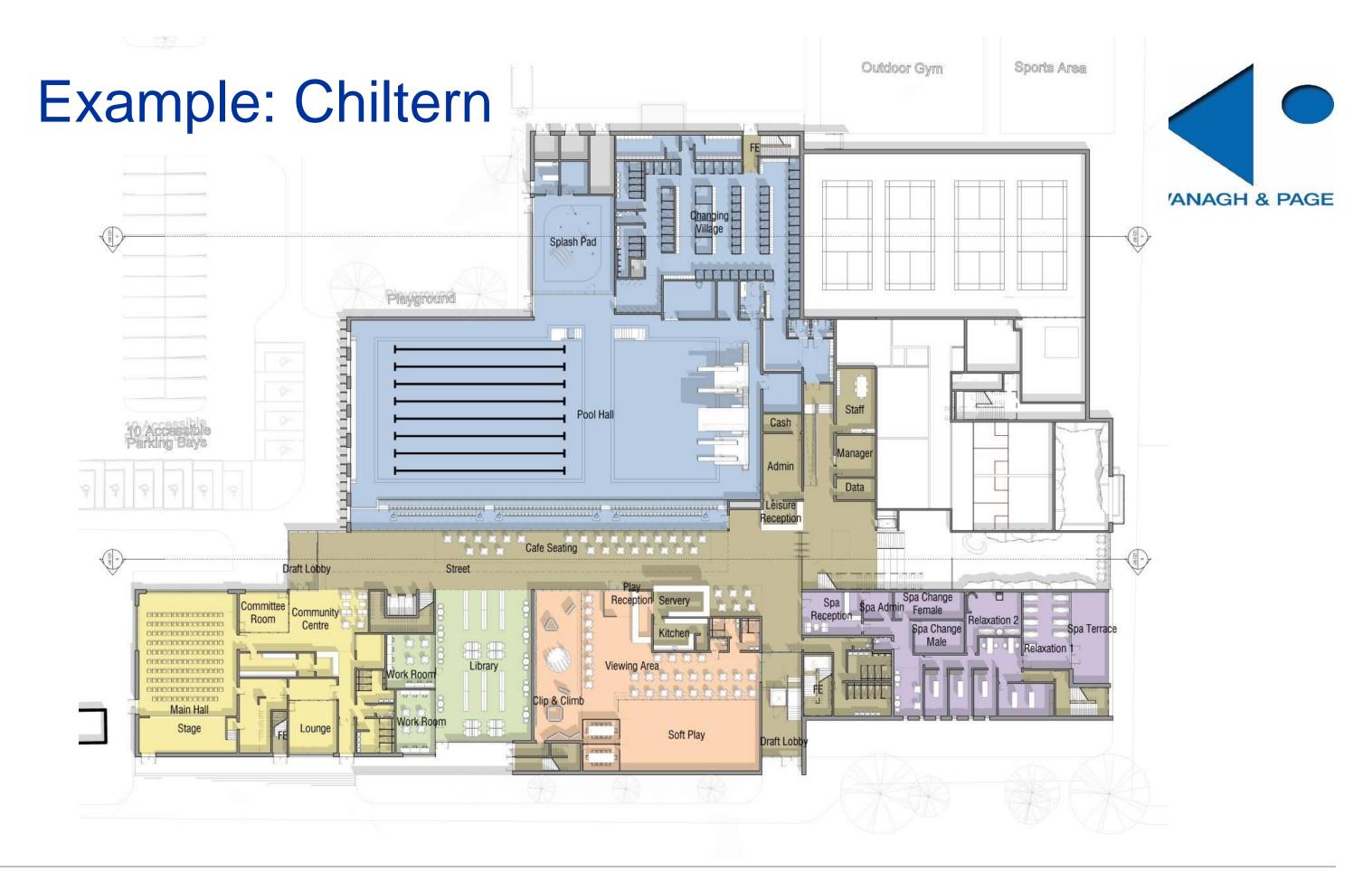
Business case for investment



- New facility to replace old
- ◆ Larger fitness offer and new activity areas to increase income.
- ◆ Opportunity for co-location
- More efficient to operate
- Significantly improved energy efficiency.
- Move from operating deficit to a significant surplus
- Surplus income (operator management fee) sufficient to service all or part of prudential borrowing
- ◆ Chiltern Pools 6 lane 25m pool, leisure pool, squash court conversion for fitness, climbing wall.
- 1970s built library, youth centre and community hall also replaced

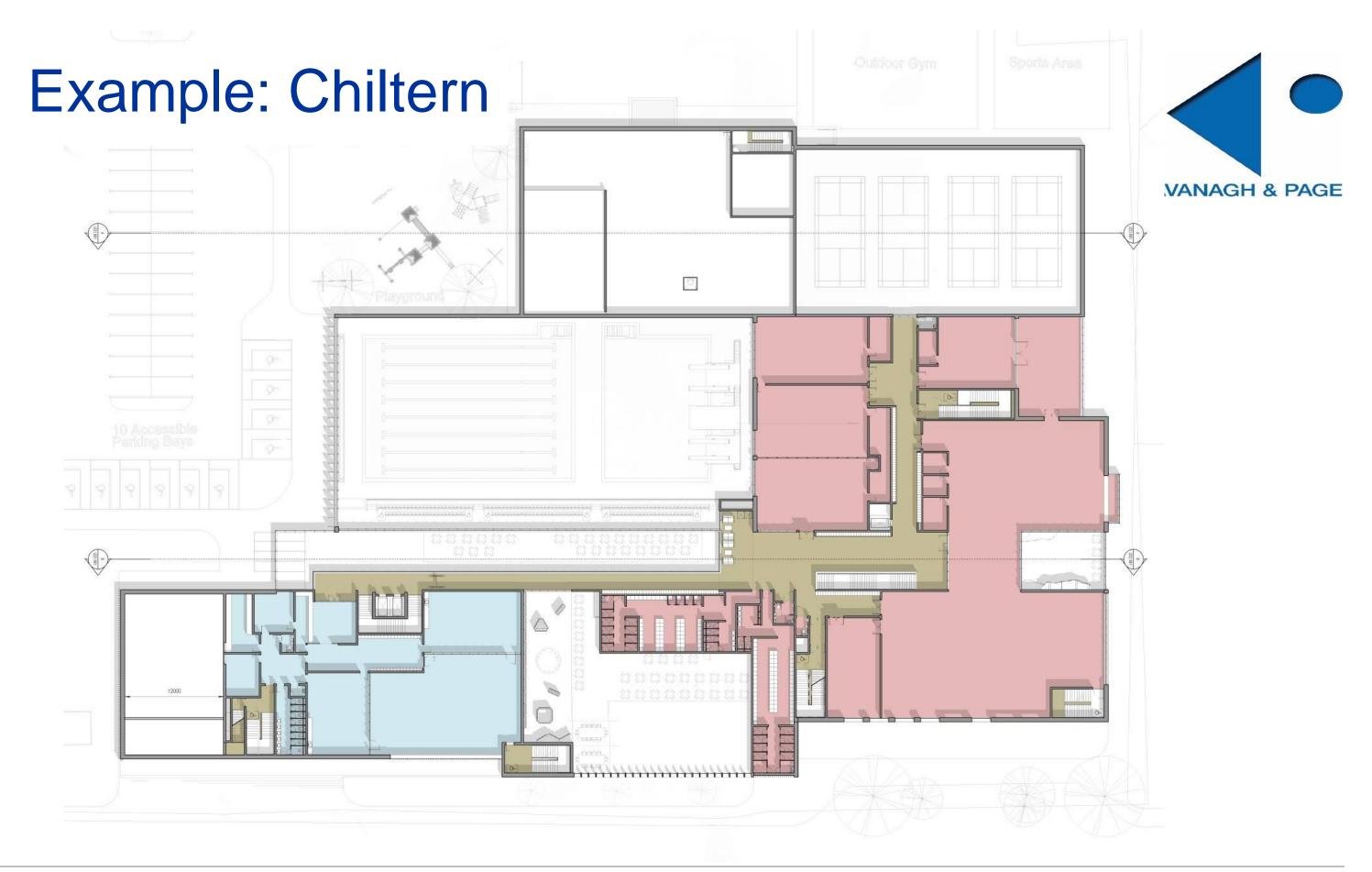




















		New Leisure Hub				
	Baseline	Year 1	Year 2	Year 3	Year 4	Year 5
Income						
Sports hall	43,383	57,400	57,400	63,140	63,140	63,140
Swimming pool	875,961	773,931	910,507	978,795	978,795	978,795
Health and Fitness Membership	675,527	769,757	868,079	936,558	936,558	936,558
Activity-Dance Studios	11,317	9,100	10,010	10,010	10,010	10,010
5 a side	O	40,608	50,760	50,760	50,760	50,760
General Catering	129,119	146,698	161,368	161,368	161,368	161,368
Sales of goods	70,336	40,000	50,000	50,000	50,000	50,000
Other	18,788		0	0	0	0
Total Income	1,824,431	1,837,494	2,108,124	2,250,631	2,250,631	2,250,631
Cost of Sales	110,531	93,349	105,684	105,684	105,684	105,684
Staff Related	1,397,879	1,193,850	1,193,850	1,193,850	1,193,850	1,193,850
Building Related	890,508	456,000	466,000	466,000	466,000	466,000
Supplies and Services	123,821	208,250	183,250	183,250	183,250	183,250
Financing/depreciation costs	33,940	2,500	2,500	2,500	2,500	2,500
Total Finance costs	0					
Other - Agency & contracted services	2,520					
Total Costs	2,559,200	1,953,949	1,951,284	1,951,284	1,951,284	1,951,284
Support services						
Trust reserve contribution		0	0	0	0	0
Total contract expenditure	2,559,200	1,953,949	1,951,284	1,951,284	1,951,284	1,951,284
Net Surplus / Deficit	-734,770	-116,455	156,841	299,347	299,347	299,347
Future sinking fund		-84,280	,	•	•	•
Outturn	-734,770	-200,735	72,561	215,067	215,067	215,067
Variance from base	704,770	534,035	•	949,837		









Cost of capital

◆ Prudential borrowing is not as cost effective as it used to be!

Chiltern Lifestyle	Existing new		
Opened December 2021	Under development		
Size 10,000 m ²	Size 7,000 m ²		
Cost £36m	Cost £37.5m		
£39,000	£59,500		
Cost per £1m over 45 years	Cost per £1m over 45 years		
£950k buys £24.3 million	£950k buys £16 million		

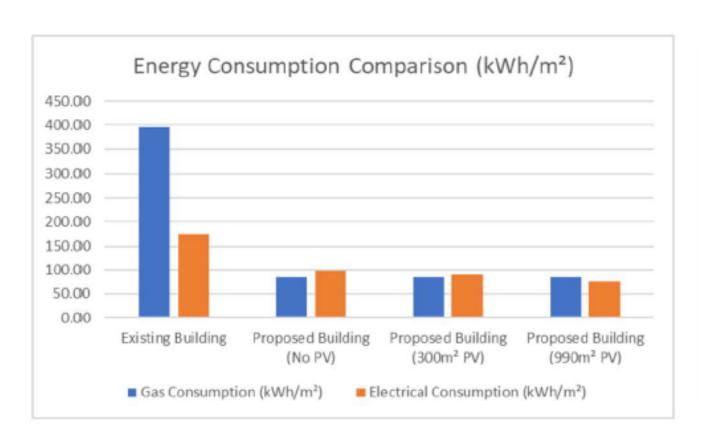
- Needs to be more than just sport and leisure.
- ◆ Potentially needs to be part of a funding bid LUF, OPE.....

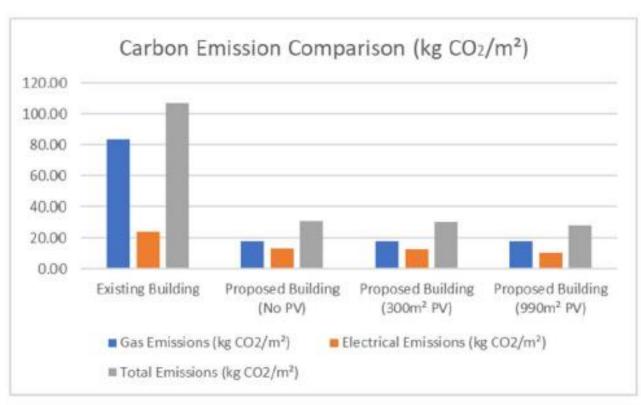




Environmental case for investment











Co-location



- ◆ Great examples of co-located facilities throughout the country.
 - Libraries
 - ◆ GP surgeries
 - Health centres
 - ◆ Community centres
 - Nursery facilities
- Works best where:
 - Services engage with one another
 - ◆ There is shared understanding....belief...objectives
 - ✓ Insight is shared.
 - ◀ Initiatives are joint
 - ◆ Specific issues (and/or client groups) are being addressed.
 - Resources are (genuinely and openly) shared
- ◆ Focus has been on buildings





Co-location & commissioned services



- ◆ Adult social care
 - Meeting place for participants and carers
 - Safe and secure environment
 - ◆ Proximity of disabled toilets....changing places
 - ◆ Activity programme delivered by operator throughout the day
 - Use of unused spaces
 - Commissioned to deliver instructed and recreational sessions
 - ◆ Focus on personal development
- ◆ Enables Council to review its Adult Social Care provision....deliver efficiencies where appropriate.
- Commercial relationship between operator and Council
- ◆ Council investment in infrastructure.
- Provides a commercial space for evenings and weekends.





Co-location & commissioned services



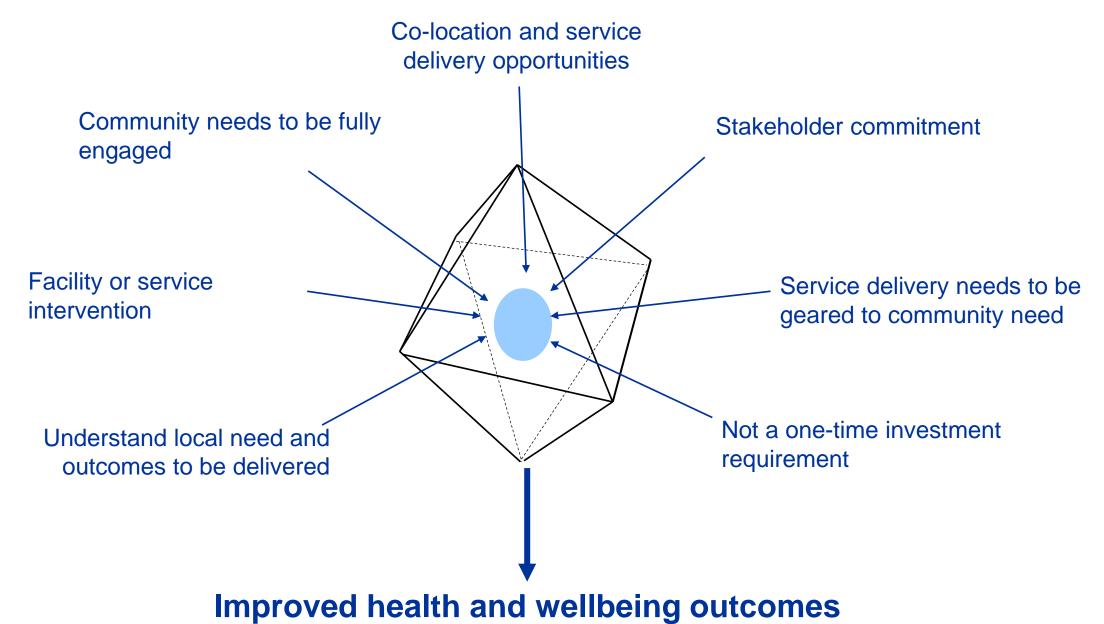
- Health partnerships
 - Activity on Referral
 - ← Falls prevention classes.
 - ◆ Pulmonary Rehab phase 2
 - Weight management
 - ← Chronic pain support
 - Diabetes support
 - Musculo skeletal rehab
 - ◀ HAF funding
- ◆ General Practice Alliance Health Coaches
- Build a commercial relationship on 'social' values and outcome delivery





Developing places & partnerships



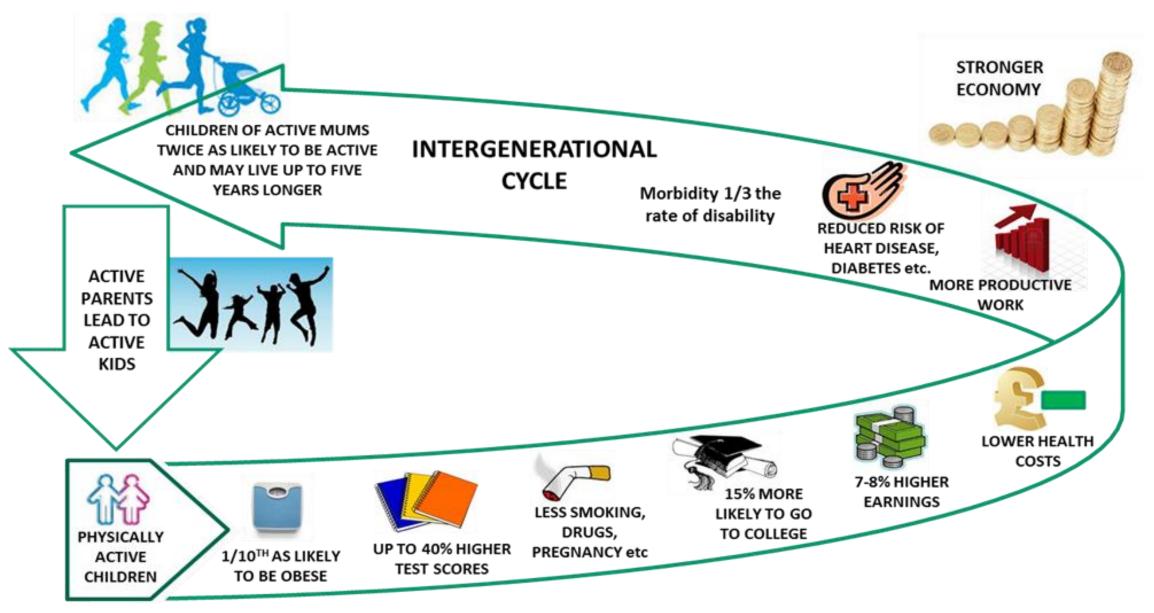






Place making.....service integration.....quality environment





Based on 'Designed to move' © Nike Inc.



